



PRE~SEED™

Enhancing the Pleasure and Purpose of Intercourse™

INTIMATE MOISTURIZER

For when vaginal dryness is a problem...

Pre~Seed™, the first “sperm friendly” intimate moisturizer that mimics body secretions for an optimal sperm environment.

DIRECTIONS FOR USE

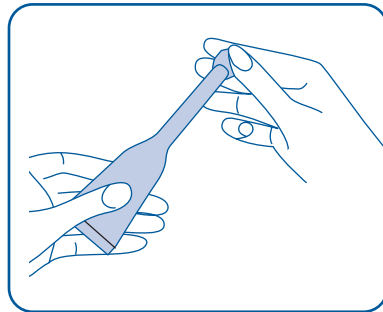
Please read the following carefully before use.

- 1 Remove the applicator from the sealed pouch. Do not remove the twist-off tab at this time.

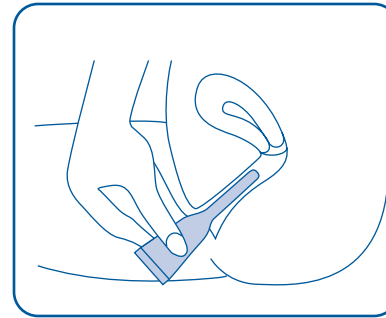
NOTE: If any wrapper is torn, DO NOT USE this product; instead return entire contents to place of purchase.

- 2 Grip the applicator by the thick end. Point the narrow end of the applicator towards the ground, and shake the Pre~Seed™ like a thermometer to ensure contents are at the narrow end prior to insertion into the vagina.

- 3 Completely twist off the square plastic tab on the applicator and discard the tab.



- 4 Pre~Seed™ can be applied either during intercourse or if you prefer, up to 15 minutes **prior** to intercourse. To apply, insert the narrow end of the applicator deep into the vagina. This can be done while sitting, standing or lying down.



- 5 Press down on the thick end of the applicator several times to deposit Pre~Seed™ into the vaginal cavity. Remove the applicator and discard in a waste container.

Each applicator contains a measured amount of Pre~Seed™ Intimate Moisturizer. If you do not use the entire contents of the applicator, you should discard the unused product and the applicator.

Store at room temperature (59° to 86° F).

WARNINGS

- Pre~Seed™ is not a contraceptive. **It does not kill sperm or interfere with sperm function.**
- Pre~Seed™ is extremely slippery, clean up any spills immediately.
- If application of Pre~Seed™ causes increased irritation or discomfort, discontinue use of the product. If symptoms persist contact your physician.
- Keep out of reach of children.
- **Do not use product if active infection or vaginal trauma is present.** If you have had recent surgery please seek medical advice before using.

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The Problem

Almost every woman will experience vaginal dryness sometime during her life. Vaginal dryness can cause discomfort or irritation during sexual intercourse and at other times. Half of all women of reproductive age report the need to use artificial lubricants or moisturizers occasionally or regularly. For women who are **trying to conceive (TTC)**, vaginal dryness becomes even more common, with 3 out of 4 women experiencing increased vaginal dryness. At least 11 million couples in the US are currently trying to conceive. Stress factors that can increase episodes of vaginal dryness for these couples include:

- ▶ knowing there is only a 20% average chance of getting pregnant each cycle
- ▶ needing to have intercourse at set times during the fertile part of the cycle
- ▶ feelings of having to "make a baby", instead of making love

In relieving vaginal dryness, couples do not want to create another problem. However, **most personal lubricants and even saliva can harm sperm** (see references).

The Right Solution For Your Vaginal Dryness

Pre~Seed™ is the first "sperm friendly" Intimate Moisturizer that mimics body secretions for an optimal sperm environment. Pre~Seed's moisture is delivered in a fluid with the same pH as semen (around 7.25), and an osmolality similar to bodily fluids, so as not to harm the sperm. Additionally, Pre~Seed™ contains a naturally occurring plant sugar (arabinogalactan) which protects cell function, including decreasing cellular oxidative stress (i.e. it has antioxidant-like activity).

Pre~Seed™ comes in convenient single use applicators which can be discreetly applied well before intercourse. It can be used to replenish moisture even while trying to conceive—a time of increased vaginal dryness when other personal lubricants should be avoided.

PRE~SEED™

- Designed by female reproductive physiologists
- Clinically tested
- Manufactured in a FDA registered facility
- US Patent # 6,593,309 B2
- pH balanced to semen
- Provides silky-light moisture during sexual intimacy

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8. **Cognitive-behavioral therapy for idiopathic infertile couples.** Tuschen-Caffier B, Florin I, Krause W, Pook M. Psychotherapy and Psychosomatics 1999;68:15-21.
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We strongly encourage you to review these articles yourself to learn more about the damage to sperm that other commercial vaginal lubricants and moisturizers can cause. To do so, go to: <http://www.ncbi.nlm.nih.gov/entrez/query.fcgi>.